

MY INTUITION WAS A GIFT.
BECOMING A NEW EARTH
PIONEER WAS THE CALLING.

SAHARA SUN

Intuitive Healer, Five Element Acupuncturist, Shamanic Practitioner,
Author, Artist, Teacher

1998, B.S. BIOLOGY

AREA OF CONCENTRATION
BOTANY AND CHEMISTRY

2000, M.S. HORTICULTURE,
PLANT AND SOIL
SCIENCES

THE UNIVERSITY OF
KENTUCKY

*Focus on Medicinal Plant Horticulture
studying the chemical content of Echinacea
spp. grown under different cultural practices.*

1996 - 2012
SHAMANIC PRACTITIONER
TRAINING

*I met my first shamanic teacher in the
middle of the Amazon while studying the
antibacterial properties of ferns. She lived 45
minutes from my home in the United States.*

*The quest to hone my intuitive skills began
with a 3 year mentorship under her Hopi
lineage. My training continued through the
Foundation of Shamanic Studies, Sandra
Ingerman, and other indigenous medicine
men and women.*

*I then realized nature and my own internal
guidance was now my teacher.*

2007-2011, TRADITIONAL
FIVE ELEMENT
ACUPUNCTURE TRAINING

WU HSING TAO SCHOOL OF
FIVE ELEMENT ACUPUNCTURE

*Traditional Five Element Acupuncture is the
most ancient form of East Asian Medicine.
The focus was Taoist Philosophy integrated
with Jung's Psychology to rebalance the deep
nature of each unique being.*

2004-2005 MEDICAL
SCHOOL FOR
NATUROPATHIC
MEDICINE

BASTYR UNIVERSITY

*Two years of medical school gave me a
strong foundation in anatomy, physiology,
pathology, and holistic healing modalities.*

*Nutrition, Massage Therapy, CranioSacral,
Ayurvedic Medicine, Hydrotherapy, and
Herbal training were also part of the
curriculum.*

2011, M.S. EAST ASIAN
MEDICINE AND JUNG
PSYCHOLOGY

NCCAOM LICENSE # 136978

*Completion of the clinical residency
program for Traditional Five Element
Acupuncture and board exams for
National Licensure as an East Asian
Medicine Practitioner and Acupuncturist.*

*Nada Detox Specialist
Chronic Illness
Soul Trauma*

2008 - PRESENT
OWNER AND
PRACTITIONER
SHEN SANCTUARY

INTUITIVE, HOLISTIC HEALING

*Integration of Eastern Medicine with
Western Medicine, Shamanic Spiritual
Healing. Teaching Self-Empowerment
with Intuitive Spiritual Healing, and Five
Element Acupuncture, Workshops and
Classes.*